

TOPICS – these are examples of what has been covered, but you are not limited to this list.

1. 11th Night (Northern Ireland)
2. Afghanistan hospitality
3. Alpaufzug & Alpabzug (Switzerland)
4. Anastenaria: Fire-Walking Festival (Northern Greece and Southern Bulgaria)
5. Baby drop ritual in Muslim cultures of India
6. Bar Mitzvah, a Jewish rite of passage
7. Bayanihan spirit (worldview) expressed through carrying houses (Philippines)
8. Beijing Opera (China)
9. Belgian beer
10. Bindis (India)
11. Blackening, a Scottish wedding custom
12. Blood feuds in Greece
13. Breton traditional clothing (France)
14. Bull jumping rite of passage of the Hamar tribe (Ethiopia)
15. Bull worship by Iberian tribes (Spain)
16. Caning in Singapore
17. Chaharshanbe Suri, the Persian festival of fire (Iran and others in the region)
18. Child marriage; child brides
19. China exams
20. Chinese ancestral hall
21. Chinese New Year
22. Chinese paper cutting
23. Chinese seppuku (honor suicide)
24. Chinese spirits
25. Chinese table manners
26. Chiya khaayo? The tea culture of Nepal
27. Comb Sisters (China)
28. Croatian engagement and weddings
29. Dabke dance, a modern Arabic folk circle dance
30. Dawali, a Festival of Lights (India)
31. Day of the Dead altars
32. Day of the Dead or Dia de los Muertos (Mexico)
33. Didgeridoo, an Aborigine instrument (Australia)
34. Dipo rites of passage (Ghana)
35. Dowry (Hindu but also other cultures)
36. Drowning of Marzanna, the Slavic goddess – spring festival (Poland)
37. Egg tapping (various European countries)
38. Egyptian hospitality
39. El Salto del Colacho, i.e. The Jump of the Devil – jumping over babies (Spain)
40. El Salvador dances
41. Fika and Lagom – Swedish lifestyle
42. French kiss
43. Fula whip match ritual (Nigeria)
44. Funeral ritual of the Torajan people – Living with the dead (Indonesia)
45. Haenyeo, women deep sea divers of seafood (Jeju Island, South Korea)
46. Haitian Joumou (soup)
47. Hajj (Saudi Arabia)

48. Haka dance (New Zealand)
49. Hanukkah, the Jewish Festival of Lights
50. Henna or Mehindi – temporary body art using dye
51. Hijab – the head covering worn by Muslim women
52. Hindu weddings (India)
53. Holi festival, New Year festival (India)
54. Honour killing
55. Hygge, the Danish art of coziness
56. Indigenous rock painting (Aborigine of Australia)
57. Indonesian gestures
58. Irezumi, traditional Japanese tattooing
59. Iria – a rite of passage for women in Okrika (Southern Nigeria)
60. Italian garden
61. Japanese Anime
62. Japanese business card
63. Japanese chanoyu (tea ceremony)
64. Japanese Cosplay (costumed role-play)
65. Japanese Geisha
66. Japanese Maneki Neko (cats)
67. Japanese Ohaguro (tea)
68. Japanese Onsen (baths)
69. Japanese sushi
70. Japanese tea ceremony
71. Japanese vending machines
72. Judo (Japan)
73. Kathoey (transgender in Thailand)
74. Kendo, a Japanese fencing art
75. Khoisan languages, a click language of southern Africa
76. Korean beauty standards (body modification)
77. Korean pop (K-pop) culture
78. Kumari, the living goddess (Nepal)
79. La Tomatina of Buñol (Spain)
80. Land divers of Vanuatu (South Pacific island)
81. Laos' Baci ceremony
82. Latvia Solstice
83. Levirate marriages of the Igbo (Nigeria)
84. Lip rings of the Mursi tribe (Ethiopia)
85. Lobolo – bride price tradition in South Africa
86. Lolita fashion (Japan)
87. Machismo (Latin America)
88. Manga art forms (Japan)
89. Maori Tā Moko i.e. tattoos (New Zealand)
90. Masai warrior lion hunt (Kenya, Tanzania)
91. Maximon or San Simon (Guatemala)
92. Melukat, a Balinese Hindu cleansing ceremony
93. Midsummer Celebration – Scandinavian countries
94. Modesty for Muslim women
95. Modesty in Islam
96. Mourning rituals of the Dani tribe (Papua New Guinea)

97. Muti Killings – medicine killings (South Africa)
98. Nakoda Sioux drumming (USA)
99. Neck rings of the Karen (Myanmar / Thailand)
100. Newari marriage (Nepal)
101. Ninja (Japan)
102. Noken, a carrying bag (Indonesia)
103. Noruz, a New Year festival (Iran)
104. Nyoongar season calendar – indigenous weather knowledge (Aborigine, Australia)
105. PC Bangs and South Korean gaming culture
106. Pinatta (Mexico)
107. Plautdeitsch, low German language
108. Polterabend – wedding shower (Germany)
109. Professional funeral mourners (China)
110. Pupusas, El Salvador cuisine
111. Quinceañera (Latin countries)
112. Rakhi bracelets – Hindu friendship tradition (India)
113. Raksha Bandham, an ancient Hindu sibling festival
114. Ritual impaling, a vegetarian festival in Phuket, Thailand
115. Running of the Bulls, or San Fermin Pamplona (Spain)
116. Rusefeiring, a Danish high school graduation rite
117. Russian nesting dolls
118. Santa Lucia, a Swedish tradition
119. Sateré-Mawé rite of passage; the Bullet Ant Glove Ritual (Northern Brazil)
120. Scarification
121. Scottish pipers
122. Self-flagellation, a Shia Muslim Ashura tradition
123. Sham El Nessim, the Egyptian spring festival
124. Showing respect in Yoruba culture (Nigeria)
125. Siblo Gomero, the whistling language (Canary Islands)
126. Siesta – napping in Latin cultures
127. Silence (and its importance) in Japanese culture
128. Singlish (Singapore)
129. Sinterklaas (Netherlands)
130. Sky burials of Tibet
131. Songkran Water Festival (Thailand)
132. South Korean bath houses
133. St Patrick's Day (Ireland)
134. Svaty Mikuláš, a Czech Christmas tradition
135. Sweat lodges – Native American purification
136. Taekwondo (South Korea)
137. Tereré beverage (South America)
138. Thai boxing
139. Thai spirit houses
140. The art of chopsticks
141. The Baduy and their traditions (Jakarta, Indonesia)
142. The meaning of color in Hindu culture
143. The practice of Leblouh (Mauritania)
144. Throat singing of the Tuva (Russia)
145. Tooth fairy

146. Tooth filing (Balinese of Indonesia)
147. Toraja funeral rituals (Indonesia)
148. Torii, the Japanese gateway
149. Totem poles – a window into First Nations culture
150. Turkish superstitions
151. Ukulele (Ukraine)
152. Uvulalectomy, a surgical procedure in some African countries
153. Varmala, an East Indian flower garland tradition
154. Vision Quests (Native American)
155. Walking marriage of the Mosuo people (China)
156. Wantoks and hospitality (Solomon Islands)
157. Water splashing festival, New Year Dai celebration (China)
158. Wife carrying competition (Finland)
159. Wodaabe male beauty competitions (West Africa)
160. Yurts, home styles of Central Asia

Not presented on, but interesting: Karoshi – i.e. death by over-work (good BBC report, Feb 2019)